

## **Title: Mental Health of Transgenders In Pondicherry- An Exploratory Study**

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### **Abstract**

*Transgender individuals are at elevated risk of mental health problems including depression, anxiety, substance abuse, and suicide compared to Cisgender individuals. It is evident from various studies that mental health issues are the chief problem among transgenders. This study aims at exploring the effect of socio-demographic factors on mental health of transgenders in Pondicherry, India. In this exploratory study, mental health of transgender have compared across various socio-demographic variables such as education, present companion for living, and birth order of transgender by using Kruskal Wallis Statistical analysis test. Results explored that mental health does not have any significant difference when education, present companion for living and birth order of transgenders considered. But some of its subscales have significance.*

**Keywords:** *Transgender, Mental health, Education, Present companion for living, Birth order.*

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